



## Dental Mentors UK

**Are you a dentist or a DCP looking to find a mentor but not sure how to? – we have the solution.**

Mentoring is increasingly being seen as a way to help and support dental professionals to develop and improve both professionally and personally.

The word mentor has come to mean trusted adviser, friend, teacher and wise person. In dentistry we are beginning to appreciate the benefits of mentoring and more dental professionals have undertaken training to become mentors.

### Dental Mentors UK – what is that?

Dental mentors UK is a profile directory of dental professionals who offer mentoring for other dental professionals. The directory allows organisations and individuals who are seeking mentors to view profiles and quickly find a mentor that's right for them. Prospective mentees can then contact a mentor and arrange mentoring. The directory does not place mentees with mentors. Use of the directory is free to those looking to find a mentor.

Dental mentors UK firmly believes that all dental professionals can benefit from mentoring either as mentors or mentees throughout our career.

### Benefits:

Mentoring can support you in a number of ways:

- Making a career choice or change of direction
- Personal development, for example leadership, taking on new challenges
- Performance and remediation

The benefits of mentoring go beyond the mentee, everyone can benefit including and most importantly the patient, but also the practice and everyone who works with the mentee. Being a mentor or being mentored is personally satisfying and both benefit from the relationship.

For more information contact:

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or go to: [www.dentalmentorsuk.com](http://www.dentalmentorsuk.com)



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**For Mentees**